



Singapore Club of Thailand @ since 1984

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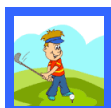
## E-News: Oct 2010

**What's Up:** Please marked your calendar & join us for these activities ok

### Social Events



- Dec: 10<sup>th</sup> **Chiang Rai Charity Trip**, date to be advised. We have started building our 14<sup>th</sup> Community Project: Baan Huay Khu School Canteen, Chiang Rai. The canteen is scheduled to be completed by end Nov. **Do drop us a line if U like to help the 'HAVE NOTS'** 😊😊😊
- Dec 26<sup>th</sup> (Sun): Christmas Gathering at Chee Leong's Residence



### Golf Events



- 31<sup>st</sup> Oct (Sun): 36<sup>th</sup> **Golf Meet @ Kiati Thanee, T-off 11.00 a.m.** Do join us as this will be the last Meet for 2010.



**For Emergency Only :**

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### The Secret of Happiness (unknown writer)

We convince ourselves that life will be better after we get married, have a baby, then another. Then we are frustrated that the kids aren't old enough and we'll be more contented when they are. After that, we're frustrated that we have teenagers to deal with. We will certainly be happy when they are out of that stage. We tell ourselves that our life will be complete when our spouse gets his or her act together, when we get a nicer car, are able to go on a nice vacation, when we retire. **The truth is, there's no better time to be happy than Right Now.**

If not now, when? Our life will always be filled with challenges. It's best to admit this to ourselves and decide to be happy anyway. One of my favorite quotes comes from Alfred D. Souza.

He said, *"For a long time it had seemed to me that life was about to begin - real life. But there was always some obstacle in the way, something to be gotten through first, some unfinished business, time still to be served, or a debt to be paid. Then life would begin. At last it dawned on me that these obstacles were my life".*

**This perspective has helped me to see that there is no way to happiness. Happiness is the way. So, treasure every moment that you have and treasure it more because you shared it with someone special, special enough to spend your time...and remember that Time Waits For No One.**

So, stop waiting until you finish school, until you lose ten pounds, until you start work, until you get a new car or home, until you get married, until you have kids or your kids leave the house, until you retire, until, until, until, ..... to decide that **there is no better time than right now to be happy.**

***Happiness is a journey, not a destination.***